## COMPANY OF SAINT URSULA

Secular Institute of Saint Angela Merici

## **CONSTITUTIONS**

Company of Saint Ursula Secular Institute of Saint Angela Merici Federation

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# Congregation For Institutes of Consecrated Life and Societies of Apostolic Life

Prot. n. I.s. 4189/93

#### **DECREE**

The Holy Spirit, true author of the fruitfulness of the life of the Church, has raised up in her the charism of secular consecration, which, in the course of centuries, has gathered persons desirous of consecrating themselves totally to God with the profession of the Evangelical Councils lived in the world, without any exterior sign of their vocation, in order to be yeast and ferment of holiness from within.

Forerunner of this vocation, officially recognized by the Church in 1947, is the "Company of Saint Ursula" founded by Saint Angela Merici at Brescia on November 25, 1535, approved by the diocesan Ordinary on August 8, 1536, and confirmed by Pope Paul III, with the Papal Bull "Regimini Universalis Ecclesiae", of June 9, 1544.

All the Daughters of Saint Angela Merici go back to this initial Company, especially the secular Ursulines, organized in many diocesan Companies who, united in a federation, were recognized as one Secular Institute in federated form of pontifical right with the Decree "Vetustum et Praeclarum Institutum" of May 25, 1958, which approved its Constitutions for seven years.

Subsequently, in 1967, the Apostolic See approved "ad experimentum" the new Constitutions, and in 1977, the text still in effect.

After the publication of the new Code of Canon Law, the Secular Institute "Company of Saint Ursula" undertook specific studies, consulted experts, solicited Federated Companies and their members to deepen their own charism and their own traditions and especially begged the Lord's favor, certain of the words of Saint Angela: "Jesus Christ will never abandon this Company as long as the world lasts," for the purpose of arriving at a new constitutional text which, attentive to the present historical context and always open to the future, would reflect its beginnings and traditions.

Therefore, after careful examination, the Congregation for Institutes of Consecrated Life and Societies of Apostolic Life, with the present Decree,

#### approves

the new text of the Constitutions of the "Company of Saint Ursula", Secular Institute of Saint Angela Merici, according to the example preserved in its Archives, and wishes that these will offer to all the consecrated members of the Institute a path of holiness for a more effective witness in the Church and in the world.

Given at Rome, August 8, 1994.

#### **CHAPTER ONE**

## CALLED BY GRACE TO SERVE THE LORD TOGETHER

#### **OUR INSTITUTE**

- **1.1.** Saint Angela Merici gave the name "Company of Saint Ursula" to the institution of consecrated virgins in the world, which she founded at Brescia on November 25, 1535.
- **1.2.** The "Company of Saint Ursula",<sup>2</sup> was approved by the diocesan Ordinary on August 8, 1536, and by Paul III on June 9, 1544, with the Papal Bull "Regimini Universalis Ecclesiae"; it spread over the centuries in Italy and in the world with the rise of many Companies.
- **1.3.** On May 25, 1958, recognizing the needs for communion and collaboration of the Companies, the Holy See constituted and approved their Federation

<sup>&</sup>lt;sup>1</sup>St. Angela Merici, *Rule*, Prologue

<sup>&</sup>lt;sup>2</sup> St. Angela Merici, *Rule*, Prologue

as a feminine secular institute of pontifical right with diocesan and interdiocesan organization.

**1.4.** In the Federation, each Company keeps its own autonomy in government: that of formation, organization, and economy.

Each Company, according to its own traditions, maintains a special bond with the bishop of the diocese in which it has its headquarters.

1.5. In the life of the Foundress, in the Rule, the Memoirs and the Testament, inserted into the current historical context by the present Constitutions, we find the fundamental guide of our life and the way for carrying out the purpose of the Institute: striving for the perfection of charity; honoring Jesus Christ; serving God and His Reign; and collaborating in the salvation of the world.

#### **OUR FOUNDRESS**

**2.1.** The Foundress, Saint Angela Merici, docile to the Spirit, welcomed the mystery of Christ, sent by the Father into the world

to share the history and life of humanity, in order to reveal in the Paschal Mystery his total dedication to the Father for humanity and in order to bring to fulfillment the design of salvation.

She lived this mystery in the common and ordinary conditions of human existence, united in a spousal stance to the Son of God, her "Lover."<sup>3</sup>

**2.2.** In obedience to the Spirit, she brought about, for God's glory, the flowering, in an entirely new institution, of that admirable form of life that our Savior lived, and with Him, our Lady, the Apostles, the Virgins and many Christians of the early Church.

**2.3.** With joy and gratitude, we, her daughters, welcome the charism which the Holy Spirit continually renews in fidelity to its origins and the expectations of the Church.

<sup>&</sup>lt;sup>3</sup>St. Angela Merici, *Memoirs*, 5th Memoir, 9th Memoir

#### **OUR CHARISM**

- **3.1.** Participants through faith and baptism in the paschal mystery of Christ within the new people of God which is the Church, we are called to be "true and unsullied spouses" of the Son of God, to be separated from the "shadows" of the world and to be joined together to "serve" the Reign of God as seculars.
- **3.2.** In the Company we will respond freely and with a joyful spirit to the call; and with docility we will let ourselves be led by the Spirit in the following of Christ, obedient, chaste and poor, so that our being may assume the form of faith, hope and charity.
- **3.3.** Our life as consecrated seculars will have its center of unity in Christ Jesus, who restored the covenant with the Father, and revealed his unreserved love for every human being.

<sup>&</sup>lt;sup>4</sup>St. Angela Merici, *Rule*, Prologue

<sup>&</sup>lt;sup>5</sup>St. Angela Merici, *Rule*, Prologue

<sup>&</sup>lt;sup>6</sup>St. Angela Merici, Rule, Prologue

3.4. Walking faithfully in this form of life, we will participate actively in the coming of the Reign, giving our contribution by: carrying the renewing strength of the Gospel into the environments where God has called us; discerning the plan of God for history; orienting daily events in the light of things above; being workers for peace and harmony everywhere.

#### **OUR STYLE OF LIFE**

**4.1.** Our spiritual journey is expressed in a continuous tension toward Christ. United to Him, source of true wisdom, we try to bring about in our life that admirable integration of action and contemplation which was found in our Mother and in our early members:

"being in the world, sharing in the active life, they enjoy the contemplative life, and in an admirable way, join action to contemplation; the height of contemplation does not deter action, nor does activity hinder a taste for heavenly things."<sup>7</sup>

**4.2.** The Holy Spirit, who is always at work in us, will make us capable of silence, wonder and wisdom like Anna, daughter of Phanuel<sup>8</sup>, and will give us the strength and zeal of Judith<sup>9</sup>.

With the Spirit's help our life will be one of commitment to being witnesses of charity, faith and hope in the heart of the world; of responsibility for a wise discernment of lights and shadows present in the human person and in history; of "instruction and edification" for all through our daily actions which rise from a heart molded by the Gospel; of sharing in order to create structures of fraternity and solidarity capable of helping others' freedom to be opened to the future of God.

<sup>&</sup>lt;sup>7</sup>cfr. Gabriele Cozzano, *Response to those [who] argue for enclosure for the Virgins of Saint Ursula*, ms 1540-46, [50v-51r]. Querinian Library, Brescia

<sup>&</sup>lt;sup>8</sup>St. Angela Merici, *Rule*, Of Prayer

<sup>&</sup>lt;sup>9</sup> St. Angela Merici, *Rule*, Prologue

<sup>&</sup>lt;sup>10</sup>St. Angela Merici, *Rule*, Of Virginity

#### **4.3.** With a filial spirit

we will share in the missionary dynamism of the Church, wholly bent on evangelization; we will commit ourselves to making our contribution as consecrated lay women in the life of the diocese, and to praying intensely so that God "will not abandon His Church, but will want to reform Her according to His pleasure" 11.

#### **4.4** In the Company,

we want to seek, build and safeguard the spirit of unity and communion, unmistakable signs of the authenticity of our communion with God.

Thus we will have the certainty of being on the "way that is good and pleasing to God" and we will manifest to the world that we are disciples of the Lord.

In sharing among our sisters in Christ, we will find help in order to live according to the Spirit in our personal, social and ecclesial life, and support for overcoming the trials of our earthly pilgrimage.

<sup>&</sup>lt;sup>11</sup>St. Angela Merici, *Memoirs*, 7th Memoir

<sup>&</sup>lt;sup>12</sup>St. Angela Merici, *Testament* 10th Legacy

#### **CHAPTER TWO**

#### THOSE WHO ARE CALLED

#### **INITIAL JOURNEY**

**5.1.** The Company who accepts a woman who feels called to follow Christ Jesus according to the charism of St. Angela Merici, proposes to her a time of initial trial after a period of vocational orientation.

This time will have to permit the candidate to verify the authenticity of her vocation, to study in depth the identity of secular consecration, to know the spirit of our Foundress, and to experience the form of life that she outlined.

- **5.2.** Admission to the period of initial trial is the responsibility of the Directress of the Company, with the consent of her Council, after having heard the opinion of those who helped the candidate during the period of vocational orientation.
- **5.3.** The candidate who demonstrates that she is entering joyously and freely

and has the requirements for leading the life proper to the Company will be admitted.

The candidate must be 18 years of age, not be bound by matrimonial vows and not be incorporated in another institute of consecrated life or a society of apostolic life.

**5.4.** The period of initial trial will last for two years.

A possible reduction of the time, by not more than two months, can be granted for just reasons by the Directress of the Company.

The trial period can be lengthened by not more than two years upon request of the candidate or by decision of the Directress; in both cases, with the consent of the Council and after consultation with the formation guide.

**5.5.** The candidate, during the initial trial, will be accompanied by the formation guide, who will accompany her with witness, counsel, prayer, and proposal of adequate formative experiences;

and she will help her to enter into a constructive dialog with the Directress.

The candidate will be supported by the members of the Company through prayer, friendship and dialog, in mutual respect and with the necessary reserve.

**5.6.** In the formation experiences she will find the instruments useful for an authentic knowledge of herself, and for a personal formation on the human, cultural, spiritual, ecclesial and apostolic levels.

Through these and other aids she will have to assimilate evangelical values, internalize and experience commitments that derive from consecration in the world, come to know the history of the Company and love its life.

#### TEMPORARY INCORPORATION

**6.1.** The candidate who, during the initial trial period, has brought to maturity a firm intention to follow Christ according to the charism of Saint Angela Merici,

can request to be admitted to consecration, which, though it be temporary, incorporates her into the Company.

- **6.2.** During the time of temporary incorporation, the formation guide or another person thus delegated will continue to follow the consecrated member, so that, in docility to the Spirit, she assumes and expresses ever more the lifestyle of a consecrated secular, typical of the Company, and grows in the desire and will to give herself to God in a total and definitive way.
- **6.3.** The period of temporary incorporation lasts for five years and will be divided into two parts: the first of two years, the second of three years.

A different subdivision can be granted by the Directress of the Company, with the consent of her Council and after consultation with the formation guide.

The period of temporary incorporation can be prolonged, by not more than two years, upon request of the candidate or by decision of the Directress; in both cases with the consent of the Council and after consultation of the formation guide.

- **6.4.** Before the expiration of the various periods, the candidate will ask to renew her temporary commitment or to be incorporated for life.
- **6.5.** For a just reason, the Directress of the Company can grant a possible anticipation of incorporation for life, by not more than three months.
- **6.6.** The right to admit candidates to temporary and lifelong incorporation belongs to the Directress, with the consent of her Council, after having heard the opinion of the formation guide.

The candidate
will make her consecration
during a liturgical celebration, if possible,
in the presence of the Directress,
or her delegate,
who receives it
in the name of the Church and of the Company.

#### **INCORPORATION FOR LIFE**

**7.1.** Consecration for life, the definitive seal of the spousal covenant,

incorporates the person into the Company with all canonical effects.

7.2. The consecrated member will continue all her life to care for her human, spiritual, intellectual, professional and apostolic formation, with a sense of responsibility making use of the means offered by the Company, the Church and society, in order to strive toward an ever more radical donation to Christ in history.

**7.3.** She will feel herself co-responsible for the life and growth of the Company; she will find in it the privileged place for evaluation, dialog and support, and for a journey of renewed fidelity.

#### **VOLUNTARY EXIT**

**8.1.** Should a consecrated person, at the termination of the time of temporary commitments, wish to leave the Company, the Directress and the formation guide will assist her to make her decision in the light of faith and in full awareness and freedom.

If she should decide to leave the Company during temporary or lifelong commitment, she will make a written request to the Directress, who, with the consent of her Council, in the case of temporary consecration, will grant the indult; while, in the case of lifelong consecration, she will forward the request for indult to the bishop of the diocese in which the Company has its headquarters.

**8.2.** As provided by the indult, the consecrated person is released from the commitments of consecration; and all the rights and duties deriving from incorporation in the Company end for her.

#### NON-ADMISSION, DISMISSAL, PASSAGE, TRANSFER

**9.1.** A young woman who desires to enter the Company or persevere within it, is not always effectively suited for living its commitments.

In such a case the Directress, with the consent of her Council, having heard the opinion of the formation guide will not admit the candidate to first consecration, to its renewal or to consecration for life.

- **9.2.** If a consecrated member repeatedly falls into serious and evident faults, the Directress will call her back at least two times, with express reference to the possibility of dismissal<sup>13</sup>.
- **9.3.** Should she manifest incorrigibility, the Directress, with the consent of her Council, will have to begin the dismissal process, as indicated by Canon Law<sup>14</sup>, which also regulates cases of required dismissal and of "ipso facto" dismissal<sup>15</sup>.

The act of dismissal will have to be ratified by the Holy See.

- **9.4.** The consecrated member has the right to appeal to the Holy See against eventual dismissal, within ten days of receiving the notice<sup>16</sup>.
- **9.5.** It will be the Company's duty to support with gospel charity

<sup>&</sup>lt;sup>13</sup> Code of Canon Law (CDC), canons 696 and 697

<sup>&</sup>lt;sup>14</sup> CDC, canon 729 and those cited there

<sup>&</sup>lt;sup>15</sup>CDC, canons 694 and 695

<sup>&</sup>lt;sup>16</sup>CDC, canon 700

the person who was not admitted to consecration or who was dismissed.

**9.6.** For possible transferral to another institute of consecrated life or from one of these institutes, norms of Canon Law will be followed<sup>17</sup>.

For possible transferral from one Company to another of the Federation, the agreement of the two Directresses with the consent of their respective Councils is sufficient.

#### **RE-ENTRY INTO THE COMPANY**

10. The Company will lovingly welcome the person who, having left voluntarily or having been dismissed, asks to re-enter, provided that she accepts the procedures, conditions, and a time of waiting which the Directress prudently and charitably establishes with the consent of her Council, and after consultation with the formation guide.

<sup>&</sup>lt;sup>17</sup>CDC, canon 730 and those cited there

#### **CHAPTER THREE**

## RESPONDING TO THE GRACE OF THE VOCATION

#### **OUR PRAYER**

11. The grace of God our Father which has made us give ourselves totally to Him in Christ, through the Church, requires unceasing prayer and a keen desire for radical fidelity, in order to be brought to fulfillment.

Persevering prayer will make us participants in the filial colloquy of Jesus with his Father and will dispose us to welcome the gifts of the Holy Spirit.

#### THE WORD OF GOD

**12.** Our prayer finds roots and nourishment in the Word of God.

In the Church and with the Church, we will open ourselves to the prayerful listening to the Word of the Lord and will welcome it in docility of faith.

With the help of the Spirit we will strive to translate it into concrete and consistent behavior, in order to witness in our lives the newness and hope of the Gospel.

Enlightened and transformed by the Word, we will be able to look at persons, at the world and at history through the eyes of God.

#### LITURGICAL AND SACRAMENTAL LIFE

**13.1.** The Eucharist, source and climax of the life of the Church, is the center of our life, the heart of our vocation, and the nourishment of our mission.

From the Eucharist we will draw strength to offer our lives, in fidelity and in thanksgiving, loving as Christ has loved us; from the Eucharist we will receive as gift the joy of opening ourselves to the hope of a renewed world.

**13.2.** For this reason, we will participate daily in the celebration of the Eucharist; in case of impossibility, we will unite ourselves to the celebration of the holy sacrifice being offered continually in the world and for the world.

- **13.3.** We will celebrate with the Church the mystery of Christ during the liturgical year; we will appreciate the Lord's day and will glorify God with Lauds and Vespers, normally every day.
- **13.4.** Our awareness of the inadequacy of our response to the gift of God and our infidelity to his grace will urge us to ask of our "most kind Lord" his mercy and the time and way of repenting.

We will frequently and regularly, as far as possible, approach the sacrament of reconciliation.

#### PERSONAL PRAYER

**14.1.** Aware that it is necessary to recollect ourselves in God in order to be in the world in truth, we will daily find times of silent adoration and contemplation, also in our houses, in order: to voice our praise and thanksgiving together with all creatures; to ask pardon for sin in the world,

<sup>&</sup>lt;sup>18</sup>St. Angela Merici, *Rule*, Of Prayer

for ourselves and for all our sisters and brothers; to be amazed by the marvels that God works in and around us.

**14.2.** We will learn to value all the means that can help us in our journey of continuous conversion: especially, life review, evaluation with the Directress and spiritual direction.

**14.3.** We will welcome the invitation of our Foundress to accompany our prayer with fasting.

In dialog with a spiritual guide and with the consent of the Directress, we will find personal times and forms of fasting, which dispose us to conversion, to moderation in our life-style and to solidarity with our poorer sisters and brothers.

**14.4.** Our life of prayer will find a way of expressing itself also with forms of traditional devotion proper to the community and to the local Church.

**14.5.** We will enrich our spiritual life with the study of the teachings of the Magisterium and with participation in initiatives promoted by the local Church.

**14.6.** We will meditate on the Rule and the other writings which our Foundress left us, a sure way for responding faithfully to the divine call.

We will celebrate her feast and that of Saint Ursula with fervor. On the day of Saint Catherine of Alessandria we will remember the birth of the Company.

15. For our interior life the annual retreat is of fundamental importance, as well as spirituality days and periodic meetings according to the traditions of each Company.

These special times, which are for each of us an authentic gift of the Holy Spirit, will be welcomed with responsibility and gratitude.

They also are a time of grace for the Company, during which we will be able: to share the same ideal; to communicate to each other the joy of being together; to experience more intensely among us the intercessory presence of our Foundress.

**16.** Mary, Mother of Jesus, to whom we turn with filial affection,

is the model of our life as consecrated women in the world and the support of our daily response to God.

From her we will learn to progress in faith and to open ourselves to the love of God. Through her we will implore the light of the Spirit. We will turn to her in trials and difficulties, in order to be faithful always, like her.

We will consider the rosary a privileged form of Marian prayer.

17. Aware that without spaces of time sought responsibly, it is not possible to live contemplation in action, we will strive to be faithful to our life of personal and community prayer and to whatever promotes our growth according to the plan of God.

Should there be persistent difficulties, we will try, in dialog with the Directress, to find the most suitable means to safeguard our spiritual life.

#### **CHAPTER FOUR**

#### **CONSECRATION AND MISSION**

#### **CONSECRATION**

**18.1.** In Christ, the Father offers each of us the special grace of consecration in the Company.

With our response, through taking up the evangelical counsels, we express the firm and absolute will to give ourselves unconditionally to God and to our sisters and brothers, and to be faithful for all of our life.

**18.2.** We will undertake the evangelical counsels of obedience, chastity and poverty, either with "a firm intention" or with a vow or with a promise, in order to live them in the secular state, in the manner intended by the Foundress and presented in these Constitutions.

Each individual Company with the deliberation of its Assembly

<sup>&</sup>lt;sup>19</sup>cfr. St. Angela Merici, *Memoirs*, 5th Memoir, 7th Memoir

will decide the form of the sacred bond, in conformity with its own, also recent, history.

**18.3.** The formula of consecration, in which the candidate expresses her gift of self in response to the call of God and our commitment to undertake the evangelical counsels of obedience, chastity and poverty, must make reference to:

the sacred bond, which as such binds in conscience,

the person who legitimately receives the act of consecration in the name of the Church and the Company,

the length of time of the commitment,

and the Rule of Saint Angela and the Constitutions.

#### FILIAL OBEDIENCE

**19.1.** With the gift of our will to God, we participate in the Church and with the Church in the mystery of the obedience of Christ, who came into the world not to do his own will, but the will of the One who sent him.

**19.2.** In union with Christ we will live obedience to the Word of God,

to the Magisterium and the laws of the Church, to whose who serve the Company with authority, "to father and mother"<sup>20</sup>, "to laws and statutes of the rulers, and to governors of States"<sup>21</sup>, provided they are not contrary to a conscience enlightened by faith, "and to every creature, for love of God"<sup>22</sup>;

but especially we will be docile to the Holy Spirit who "continually"<sup>23</sup>, with counsel and inspiration, speaks to the reconciled and free heart.

**19.3.** In evaluation within the Company each of us will learn to discern according to her own life situations, the demands of obedience, "great light"<sup>24</sup> and source of the freedom and joy born of the spiritual sacrifice of oneself.

**19.4.** By the commitment assumed with consecration, each one, in active and responsible dialog according to means and times that are sought and agreed upon,

will verify with the Directress, or her delegate, her own commitment of fidelity

<sup>&</sup>lt;sup>20</sup>St. Angela Merici, *Rule*, Of Obedience

<sup>&</sup>lt;sup>21</sup>St. Angela Merici, Rule, Of Obedience

<sup>&</sup>lt;sup>22</sup>St. Angela Merici, *Rule*, Of Obedience

<sup>&</sup>lt;sup>23</sup>St. Angela Merici, Rule, Of Obedience

<sup>&</sup>lt;sup>24</sup>St. Angela Merici, *Rule*, Of Obedience

to the demands of her vocation and to the charism, and her participation in the life of the Company, according to the Rule and the Constitutions;

she will submit orientations and choices that might change her life in a significant way; as for example, a change of work or residence, the acceptance or refusal of public offices, of special family responsibilities and apostolic commitments, open to accept the directions that will be suggested to her.

**19.5.** Wisdom and upright judgement will guide us consecrated women and the Directress in our journey of seeking the will of God, a journey which will be lifelong; the seeking jointly, however, can never exonerate each of us from personally assuming our own responsibilities.

### **VIRGINAL CHASTITY**

**20.1.** Embracing chastity for the Kingdom of Heaven, we participate in the Church and with the Church in the mystery of the virginity of Christ, who loved men and women so much that he gave himself for their salvation.

**20.2.** In union with Christ and in imitation of him, we will respond to the love of the Father with a continuous act of love, keeping alive in ourselves the expectation of the ultimate encounter with our "Lover".

In our daily life we will express to ourselves and to the world the happiness and gratitude of one who knows she is loved, and we will witness to the joy of the gift of ourselves to God.

We will be open to the values of friendship, to collaboration, to sincere help toward all.

We will know how to value our femininity which will make us happy and free women, full of charity, faith and hope, available to give ourselves to all without letting ourselves be possessed by anyone.

**20.3.** In the family climate, which each consecrated person is committed to build and preserve in the Company, each of us will be able to find means and ways to proceed in moments of difficulty, and to live the loneliness and spiritual trials.

**20.4.** By the commitment she assumed with consecration, each one, "voluntarily making

a sacrifice to God of her own heart"<sup>25</sup>, will live virginal chastity faithfully in all its dimensions and demands of totality and renunciation.

She will behave in such a way as not to commit "anything that might be unworthy of spouses of the Most High" 26.

**20.5.** Watchfulness and profound respect will direct those locally responsible in helping and accompanying the members on their journey of continuous gift to the Lord.

### **GOSPEL POVERTY**

**21.1.** In our following of Christ Jesus we participate in the Church and with the Church in the mystery of the poverty of the Savior, who received everything from the Father and returned everything as offering to Him, source of all good.

**21.2.** In union with Christ and in imitation of Him we will practice gospel poverty in total dependence on God, who wants our good and our joy;

<sup>&</sup>lt;sup>25</sup>St. Angela Merici, *Rule*, Of Virginity

<sup>&</sup>lt;sup>26</sup>St. Angela Merici, Rule, Of Virginity

we will experience the freedom of children, living from our work, and using the things of the world with a serene abandonment to the Father and his "benevolent and indescribable Providence" 27;

we will know how to accept our limitations, our problems and the sufferings of life serenely, as a sharing in the poverty of Christ, until the supreme poverty of death.

We will always be ready to give our sisters and brothers time, advice, prayer, money and other goods, attentive to the emerging poverties, the demands of the Church and the needs of the Company.

**21.3.** In constant dialog we will seek within the Company the ways for a wise discernment of the realities in which we are inserted, and the ways for implementing our real commitment to poverty.

Also the Company, as a whole, and in whatever works or apostolic activities she may administer, will be inspired by a spirit of sharing and will practice a moderate style.

<sup>&</sup>lt;sup>27</sup>St. Angela Merici, Rule, Of Poverty

**21.4.** By the commitment she assumed with consecration, each one will voluntarily seek limitation and dependence in using and disposing of her own goods.

For this reason she will evaluate with the Directress, or with a delegate, in ways and at times agreed upon, her own personal economic situation, and the criteria for the use of goods; she will ask permission to contract debts, make loans, guarantees, extraordinary expenses, donations of a certain amount in relationship to her own economic condition. In urgent cases she will act with prudence and, as soon as possible, will inform the Directress.

**21.5.** Christian charity and material solicitude will encourage the persons in charge to be near the members of the Company who might be in a needy situation.

### **FAITHFUL WITNESS**

**22.1.** Our consecration makes us sharers in the Church of the mission of Christ Jesus, priest, king and prophet.

**22.2.** In union with Christ and in communion with the Church, we will be inspired by our commitment to offer God our spiritual worship, and to serve the Kingdom and its growth in history.

**22.3.** In our family and in our profession, in the civil and ecclesial communities, and in our every activity and endeavor, we will keep alive our hope for heaven, where Jesus lives at the right of the Father.

Our work will be carried out with a great sense of responsibility, with competence, seriousness and honesty.

Wherever we are,
we will try to be builders of peace;
we will be open to the needs of our sisters and brothers,
and to our commitment
to build the city of humanity in solidarity,
and in the defence of truth and justice.

We will joyously welcome Christ and will serve him lovingly and gently in each human being, beginning with the poorest.

Our behavior will be judicious and meek, edifying and of good example for all whom we meet; our words will be "wise and measured, not sharp, not harsh, but human and conducive to harmony and charity"<sup>28</sup>.

**22.4.** Aware of being a living part of the local and universal Church, we will collaborate according to our life-style in the growth of the ecclesial community;

we will be attentive to the directions of our pastors, especially those of the diocesan bishop, with regard to the needs of the Church for evangelization and the service of charity;

and we will be mindful to make the charism of St. Angela Merici known.

### **22.5.** In the Company

we will manifest concretely the charity that unites us, by helping our sisters in Christ, and by collaboration in the activities and initiatives suggested for the good of the Company.

## **22.6.** If the Company manages educational or charitable works, those among us who choose freely to become engaged there, must know that their presence

<sup>&</sup>lt;sup>28</sup>St. Angela Merici, *Memoirs*, 5th Memoir

will become a significant testimony if there is evidence of sisterly communion, a spirit of hospitality and sharing, and if the secular life-style is maintained.

22.7. The secular character of our consecration which places us in the world as leaven, suggests the criterion of privacy about our belonging to the Company. When certain situations require that we render open testimony of our choice of life, we will maintain due respect for the choice of the other members of the Company.

### **CHAPTER FIVE**

### UNITED TOGETHER: THE COMPANY

**23.1.** "United together"<sup>29</sup> in the Company, we share the grace of the presence of the Lord among us; we experience communion and find support and assistance for living our vocation and mission.

**23.2.** Each of us will consider herself a participant and co-responsible for the life of the Company.

She will commit herself to an active collaboration according to her own abilities and competence.

She will be ready to assume those tasks that the good of the Company requires and she will fulfill them in respect of the norms established by the Church for secular institutes.

**23.3.** The Church and the Company will entrust some of us with the task of leadership and service.

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<sup>&</sup>lt;sup>29</sup> cfr. St. Angela Merici, *Rule*, Prologue; *Memoirs*, 9th Memoir

In imitation of our Lord Jesus, who came into this world not to be served, but to serve, authority in the Company will be lived by those in charge, according to the style outlined for them by Saint Angela Merici, who placed them in charge to be guardians and mothers of the "spouses of the Most High" <sup>30</sup>.

The Directress, especially, will take care to be an instrument of unity and communion, of dialog, animation and guidance;

she will promote active participation of all the members in the life of the Company;

she will do all she can to lead according to the directions of the Church, so that the Company will live its own charism in dynamic fidelity.

She will be solicitous and watchful toward the members, and will make every effort to be affable and human, exemplary and sincere.

<sup>&</sup>lt;sup>30</sup>St. Angela Merici, *Memoirs*, Prologue

### THE ASSEMBLY

**24.1.** The Assembly, deliberative organism of the Company, also represents a great moment of communion.

It can be ordinary or extraordinary.

24.2. The ordinary Assembly has the task of: electing the Directress and her Council; make necessary evaluations; propose programming lines; make provisions and decisions of great importance for the life of the Company; make or renew its own Regulations when opportune; inform the Company officially about special situations or demands; promote the vitality of the Company; study special aspects of the Constitutions and its own traditions.

**24.3.** The ordinary Assembly will be convoked by the Directress every six years, with the possibility of anticipating or postponing it by not more than three months.

In the convocation the agenda will be specified.

**24.4.** The extraordinary Assembly can be convoked by the Directress for matters of significant importance which cannot wait for the ordinary Assembly, upon request of two thirds of the members of the Company, or also by initiative of the Directress herself, with the consent of her Council.

**24.5.** All the consecrated members of the Company are part of the Assembly, both ordinary and extraordinary.

Those consecrated for life, besides having the right to vote, can be elected to the governing body of the Company.

The member who for just reason will not be present in person will participate by delegate or by letter. A participant cannot have more than one delegate. A vote by letter will be valid only for the first balloting.

**24.6.** For the validity of the Assembly, there must be the participation, either in person or by delegate, of the majority of the consecrated members of the Company.

Deliberations of the Assembly, except where indicated otherwise in the present Constitutions, will be taken by absolute majority vote of the participants.

**24.7.** Participants in the elections will elect persons whom they recognize as suitable and who are open to dedicate time and energy, gratuitously, to the new office, if elected.

**24.8.** The Directress will assume presidency of the members gathered in Assembly.

Two tellers and the secretary, who will draw up the minutes, will be elected by relative majority.

The ordinary Assembly will proceed with separate balloting to the election of the Directress, the vice-Directress and, according to the number established by the Assembly itself, the Councillors.

For the election of the Directress an absolute majority of votes is required in the first two ballotings, and a relative majority in subsequent ballotings.

As soon as she is elected, the Directress will assume presidency of the Assembly.

For the election of the vice-Directress an absolute majority of the votes is required in the first balloting, and a relative majority in subsequent ballotings.

For the election of the Councillors, the Assembly will decide whether to proceed with individual ballotings or with one balloting; those will be elected who have received the greatest number of votes.

In case of a tie, the one who is older in age is elected.

If a single balloting is chosen, the number of choices must be, at the maximum, equal to the number of Councillors to be elected.

**24.9.** The Directress will be re-eligible for one other consecutive six-year term, and for other six-year terms, but not consecutively.

The sense of this norm must be kept in mind, when appropriate, also for the elections of the vice-Directress and the Councillors and for the assignment of other officers, in the same office.

**24.10.** Decisions of an extraordinary character of either the ordinary or extraordinary Assembly, regarding the exercise

of possible works of the Company, must be submitted for approval to the bishop of the diocese in which the Company has its headquarters.

The Regulations that the Company considers suitable for itself will be sent to the Federation Council first, for verification of their being in accord with the Constitutions; subsequently they will be approved by the same bishop.

All other deliberations of the Assembly, as well as the elections, will have immediate effect.

The same bishop will be informed of the elections held.

### THE GOVERNING BODY

- **25.1.** The Directress and her Council make up the Governing Body of the Company.
- **25.2.** It is the task of the Directress, with the aid of her Council: to keep alive and foster the spirit of the Company; to promote communion within the Company;

to watch over the observance of the Rule and the Constitutions; to promote initiatives and support the efforts of the members' journey toward holiness; to be attentive and close to the individual consecrated members; to provide for the needs of the Company; and to see to the implementation of the decisions of the Assembly.

**25.3.** The Council will be composed of the vice-Directress and the number of Councillors established by the Assembly, with a maximum of eleven Councillors.

# **25.4.** It is the task of the Council: to collaborate actively with the Directress in order to promote the life of the Company in fidelity to the charism; to seek together solutions to problems that arise.

**25.5.** The Council will be convoked by the Directress normally every three months.

The Directress will preside, or the vice-Directress, if delegated by the Directress; and, for its validity, the absolute majority of its members is necessary.

Decisions will be made validly by absolute majority.

The one who presides does not vote. In case of tie after two votings, the one who presides may break the tie with a vote.

**25.6** With the consent of her Council, the Directress will name the Secretary and the Treasurer, if possible, from among the Councillors.

**25.7.** With the consent of her Council, the Directress will name the formation guide.

The formation guide, with the consent of the Directress, can be assisted by members of the same Company or of other federated Companies, who must work in agreement, conscious of their common responsibility.

25.8. If the Company is numerous, or if its members live far from its headquarters, the Directress, with the consent of her Council, can build groups formed of persons not necessarily resident in the same place;

and, after consultation of the group involved, can appoint moderators to animate these groups; these moderators can be granted special delegated powers as opportune.

**25.9.** When specific problems are treated and for an evaluation of the life of the Company, the Directress can invite to the Council meeting those members in the Company who have a special competence or office of responsibility, even though they are not Councillors;

their intervention will be of a consultative nature, but their presence constitutes an enriching time of evaluation and of suggestion.

25.10. If through death or another serious reason the Directress cannot exercise her assignment, the vice-Directress, after having informed the bishop of the diocese in which the Company headquarters are, temporarily assumes the government of the Company and must, within three months, gather the Assembly for elections of the Directress and her Council. The possible resignation of the Directress will have to be accepted by the Holy See.

In case of death or resignation of the vice-Directress, accepted by the Directress, with the consent of her Council, the first Councillor will become the vice-Directress,

however, when a Councillor's position is left vacant through death or through resignation accepted by the Directress, the Directress herself, with the consent of her Council, will appoint a new one, chosen among the members consecrated for life, keeping in mind, if possible, the indications of the Assembly.

### THE COMPANY AND TEMPORAL GOODS

**26.1.** Individual Companies with the effects of civil juridical personality have their own name.

They are able to buy, possess and administer temporal goods autonomously, commensurate to what is needed to secure their life and their apostolic mission; and they may also alienate them.

The temporal goods of the Company are ecclesiastical possessions

and are governed by Book Five of Canon Law.

**26.2.** By right of office, the Directress is responsible for the goods of the Company.

She, having consulted her Council, can appoint herself, or another member of the Company, as legal representative of the same Company.

The Treasurer administers the temporal goods of the Company under the direction of the Directress, and, once a year, will give an account to the Council. The Directress, then, will give an account of the administration to the ordinary Assembly.

For everything that might reduce the stable patrimony of the Company, or worsen its situation, the Directress must have the authorization of the Assembly of the Company.

**26.3.** In case of the extinction of a Company, the individual Company will decide to which juridically capable federated Company to leave the temporal goods that belong to it.

### THE ASSOCIATED FAITHFUL

27.1. Each Company, by decision of its own Assembly, can decide to institute a group of associated faithful, who will commit themselves in their own state of life, to live an evangelical life in the light of the spirituality of Saint Angela Merici.

**27.2.** Ways of belonging to the group of associates, and ways of organization, will be regulated by the Assembly of the Company.

### THE BISHOP AND THE COMPANY

28. The bishop of the diocese in which the Company has its headquarters, according to law, and according to the provisions of these Constitutions, is father and shepherd of the Company as well as the competent ecclesiastical authority with regard to the Company itself and to its members.

He, in particular, is responsible for the approval of eventual Regulations of the Company.

The Company, by tradition, lives a special relationship with the bishop and participates actively, as far as possible, in the life and mission of the local Church.

### THE ECCLESIASTICAL ASSISTANT

- **29. 1.** The Company's spirit of participation in the life of the diocese and its special relationship with its own bishop find an important expression in the assignment of the Ecclesiastical Assistant.
- 29.2. Appointed by the ordinary of the diocese in which the Company's headquarters are located, upon the suggestion that the Directress will make with the consent of her Council, the Ecclesiastical Assistant: will nourish the sense of Church in the Company; will be a faithful interpreter of the voice of the local and universal Church; will bring his specific competence in the spiritual field; will gather members and leaders around the Eucharist and the Word of God.
- **29.3.** Respecting each others' competencies, he will collaborate with the Directress and her Council

to spread the knowledge and esteem of secular consecration and to promote feelings of communion in the Company.

**29.4.** The Ecclesiastical Assistant will participate with a consultative presence in the Council meetings and at the Company Assemblies.

The Directress will communicate to him the agenda; and, if he is unable to be present, she will inform him about what was treated.

29.5. The Ecclesiastical Assistant will be careful to maintain cordial relationships with the Ecclesiastical Assistants of other Companies and with the Ecclesiastical Assistant of the Federation Council, for a fruitful collaboration in a climate of understanding and harmony which unites all the Companies.

**29.6.** The Directress, with the consent of her Council, can indicate to the Ecclesiastical Assistant some nominations for the choice of one or more vice-Assistants who, ratified by their bishop, will collaborate with him.

**29.7.** The Ecclesiastical Assistant will remain in office as long as the Council and will not be proposed by the Directress for more than two consecutive six-year terms.

**29.8.** The priests called to this ministry will base their collaboration on sincere respect and a profound knowledge of the history of the Company and its spirituality.

### **CHAPTER SIX**

### IN THE SAME CHARISM: THE FEDERATION

**30.1.** The diocesan and interdiocesan Companies united among themselves constitute the Federation: "Company of Saint Ursula", Secular Institute of Saint Angela Merici.

### **30.2.** The Federation has as purpose:

to foster growth in sisterly communion among the Companies through meetings and mutual help;

enhance the exchange of experiences;

promote conventions for study and for in-depth knowledge of the history of the Company and its proper charism, of Merician spirituality, of the Constitutions of topics of general interest;

care for the publication of materials for common use;

maintain relations with the Holy See.

Each federated Company is called to contribute toward reaching the purposes of the Federation

through prayer, mutual charity and collaboration.

### THE ASSEMBLY

- **31.1.** The deliberative organism of the Federation is the Assembly, which can be ordinary or extraordinary.
- **31.2.** The ordinary Assembly will be convoked by the President of the Federation every six years, with the possibility of anticipation or postponement by not more than three months or with a forewarning of at least six months, for the election of the Federation Council and for its programming, in addition to the treatment of important questions regarding the life of the Federation.

In the convocation the agenda will be specified, keeping in mind also possible proposals of the Companies.

**31.3.** The extraordinary Assembly will be convoked by the President for questions of significant importance which cannot wait for the ordinary Assembly.

Its convocation can occur by request of two-thirds of the Directresses of the Companies, or by initiative of the President, with the consent of her Council.

**31.4.** Participants of the Assembly, ordinary or extraordinary, with voting rights, are: the Directresses of the diocesan and interdiocesan Companies, or their Delegates; the Delegates of each Company elected by the members, one for every fifty members or fraction of fifty, up to a maximum of four; the Delegates elected by the Isolated Groups, one for each group; the ex-Presidents; the incumbent members of the Council.

The number of elected Delegates must be at least equal to the number of members by right; if it is not, the President, with the consent of the Council, will give the Companies different directions in that regard.

The Assistant of the Federation Council and the Assistants of the Companies may participate at the Assembly, without voting rights.

For the validity of the Assembly, the majority of those who belong to it must be present.

The resolutions of the Assembly, except where specified otherwise in these Constitutions, will pass by absolute majority vote of the participants.

**31.5.** The President assisted by the vice-President and the Councillors will preside over the Assembly.

Two tellers and the Secretary, who will draw up the minutes, will be elected by relative majority.

**31.6.** The ordinary Assembly will elect the Federation Council, made up of the President, a vice-President and eleven Councilors, from among the members of lifelong consecration who are 35 years old.

**31.7.** At least one month before the date of the convocation of the Assembly, the Council will send to the individual Companies an indicative list, including both the nominations suggested by each Company, in the proportion of one per each fifty members

or fraction of fifty, up till a maximum of four, and the nominations suggested by the Federation Council.

The list will be formed keeping in mind the needs of the different national cultures.

**31.8.** The persons included in the list must be open to dedicating time and energy, gratuitously, to the new position, if elected.

**31.9.** First the President is elected. For the validity of her election two-thirds of the votes are required in the first two ballotings and an absolute majority beginning with the third.

Subsequently they will proceed to the election, with individual balloting, of the vice-President and the Councillors.

For the validity of the election an absolute majority of the votes is necessary for the vice-President and a relative majority for the Councillors. In case of tie, the one who is older in age is elected.

The Holy See will be informed on the elections held.

### **31.10.** As soon as she is elected, the President will assume presidency of the Assembly.

Immediately after the election of the Council is completed, the members will take their places, fully entitled, with consequent transfer of assignments on the part of the outgoing Council.

### **31.11.** It is advisable that the President, for the time that she carries out that function, leave behind any demanding offices in her own Company.

**31.12.** The President of the Federation, the vice-President and Councillors can be re-elected to the same office for a second consecutive six-year term, and for other six-year terms, provided they are not consecutive.

# A Company cannot have more than one of its members in the Federation Council unless its number of consecrated members exceeds two hundred; in that case there may be two members.

The federated Company of Brescia will have a member by right on that Council, since Brescia is the city where the Company was founded.

### THE SERVICE BODY

**32.1.** The Federation Council is a service body for the benefit of the federated Companies.

32.2. The Federation Council will be careful to carry out the ends of the Federation and in particular, will be available for: supporting initiatives for a deepening of the Rule and the Constitutions, in fidelity to the spirit proper to a Merician institution; to help the Companies upon their specific request, to resolve possible difficulties; to deliberate regarding the incorporation of Companies into the Federation; to function as governing body for the Isolated Groups.

**32.3.** The President will carry out representational duties for the Federation.

She can assume the role of procurator for questions reserved to the Holy See on the explicit mandate of the individual Companies. She can delegate another member of the Council for that role, when she considers it opportune.

**32.4.** Within a month after her election, the President will provide, with the consent of her Council, for the appointment of a Council Secretary and Treasurer, if possible, among the members of the Council itself. And, having consulted the Secretary, can appoint a vice-Secretary.

As soon as possible, the Council will set up an executive committee composed of the President, the vice-President, the Secretary and at least two Councillors. It will have executive duties for all Council deliberations and can be called together by the President whenever she believes it opportune.

**32.5.** The President, at her discretion, can invite other members to participate in the Council meetings when questions are examined for which they have a special competence or responsibility.

**32.6.** The President will convoke the Council at least three times per year.

The Council can be convoked also upon request of at least two-thirds of the members of the Council itself.

Validity of decisions requires: the presence of six members of the Council

besides the President, or the vice-President if she is delegated, and the attainment of a majority of votes. The one who presides has the right to vote.

**32.7.** If the Presidency becomes vacant, the role of President will be assumed by the vice-President who will inform the Holy See about it; and the first of the Councillors elected will assume the role of vice-President.

If the vice-Presidency becomes vacant, the role will be assumed by the first of the Councillors elected.

If a Councillor's position becomes vacant, the Council will name a new one, keeping in mind, if possible, the indications of the ordinary Assembly.

A possible resignation of the President must be accepted by the Holy See, while a possible resignation of another member of the Council must be accepted by the Council itself.

**33.** The Service Body of the Federation, made up of the President, the vice-President and the Councillors, will be supported

for activities of a financial nature by offerings sent freely by the individual Companies and by individual members.

The Treasurer of the Federation Council administers the offerings received under the direction of the President, and, once a year, gives an account to the Council. The President, then, will give an account of the administration to the ordinary Assembly.

### THE ISOLATED GROUPS

**34.** The Isolated Groups are those groups that are formed without the possibility of any Company's taking care of them.

For these, the President and the Council will have the roles that the Directress and her Council have in the diocesan Companies.

For each of them, the President, with the consent of the Council, will appoint a local moderator who can have special powers.

### A NEW COMPANY

**35.1.** For the constitution of a new Company a group must have twelve members of at least temporary consecration and obtain incorporation into the Federation.

Incorporation will be granted by the Federation Council and must be ratified by the Holy See.

The bishop of the diocese in which the new Company has its headquarters will be informed of it.

**35.2.** Once it is constituted, a Company remains in existence regardless the number of its members.

### THE ECCLESIASTICAL ASSISTANT

36.1. The special bond that unites us to the Church and the will to be in total and filial union with the Holy Father and in docile adherence to the teaching of the Magisterium, finds expression in the appointment of the Ecclesiastical Assistant.

### 36.2. The Holy See,

having consulted the Federation President, who will have had the consent of the Council, will appoint an Ecclesiastical Assistant for the Federation Council.

### **36.3.** The Ecclesiastical Assistant:

will bring to the Council
the authoritative voice of the Church
and his specific competence in the spiritual area;
he will promote fraternal relationships
among the Ecclesiastical Assistants of the Companies;
collaborate with the President and the Council
in the spread of the knowledge and esteem
of the Merician institution
in the universal Church;
on request of the Council,
he will animate formative and spiritual initiatives
of the Federation.

**36.4.** The Ecclesiastical Assistant will participate with a consultative presence in the Council meetings and the Assemblies of the Federation.

The President will communicate to him the agenda and, if he is unable to be present, will inform him on what was treated.

**36.5.** The President with the consent of the Council can suggest some nominations

to the Ecclesiastical Assistant for the choice of one or more vice-Assistants who will collaborate with him.

The Assistant, after having heard the opinion of their respective bishops, will submit the nomination to the Holy See for the regular confirmation.

**36.6.** The Ecclesiastical Assistant will remain in office as long as the Council.

### **CHAPTER SEVEN**

### CONSTITUTIONS AND REGULATIONS

- **37.1.** Every consecrated person will constantly refer to the Rule, the Memoirs and the Testament of Saint Angela Merici, because referring to one's origins preserves and nourishes the spiritual energies capable of always paving the way for an authentic renewal.
- **37.2.** In the present Constitutions and in possible future Regulations of her Company, each consecrated member will find norms and directions for a life-giving journey in the Church and in the world.
- **38.1.** The official interpretation of the Constitutions and the granting of possible exceptions to their norms are competence of the Holy See.
- **38.2.** The interpretation of the Regulations of the Companies and the granting of possible exceptions to their norms are competence of the bishop of the diocese in which the Company has its headquarters.

**38.3.** Every proposal for a change in the Constitutions, barring always the charism and sound traditions, is competence of the Assembly of the Federation, which will express its opinion with a two-thirds majority; a proposed change must be approved by the Holy See.

**38.4.** Every proposal for change in the Regulations of the Companies is competence of the Assembly of the Companies themselves, which will express its opinion with a two-thirds majority;

the proposed change must be verified for its consistency with the Constitutions, by the Federation Council,

and then confirmed by the bishop of the diocese in which the Company has its seat.

**39.** The official text of the Constitutions is the one in the Italian language kept in the Holy See's depository.

**END** 

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